

1

START HERE...

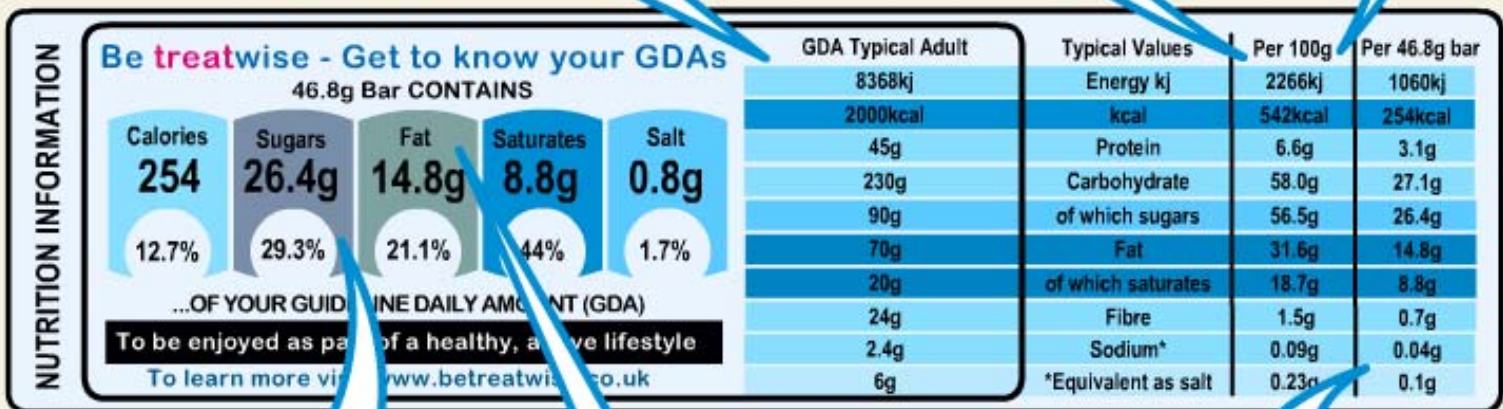
Guideline Daily Amounts (GDAs) for each nutrient for a typical adult

2

Nutrition content per 100g for comparison across foods

3

Nutrition content per bar



One 46.8g bar accounts for this percentage of the GDA e.g. 29.3% of Sugar GDA

6

5

One 46.8g bar contains this amount of the nutrient e.g. 14.8g Fat

4

Large icons highlighting key data per bar